

Rule 4 of the Racing Rules of Sailing states: The responsibility for a boats decision to participate in a race or to continue to race is hers alone

Sailing, by its nature, is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- c) They accept responsibility for any injury, damage or loss to the extent caused by own actions or omissions.
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve the competitor of their own responsibilities.
- f) The provision of patrol boat is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.