

THE NARROW SERIES  
**STRANGFORD SAILING CLUB**  
**75<sup>th</sup> ANNIVERSARY REGATTA**



**Saturday 10th July 2021**

<b>RACE PROGRAMME AND CLASS CODE FLAGS</b>				
<b>Race</b>	<b>Star</b>	<b>Class</b>	<b>Code Flags</b>	<b>Course</b>
1	1225	Cruiser IRC0.950 & over	Numeral 1	A
2	1230	Cruiser IRC0.949 & under	Numeral 2	B
3	1235	Cruiser NHC1	Numeral 3	B
4	1240	Flying Fifteen	A	C
5	1245	Cruiser NHC2	Numeral 4	C
6	1250	Cruiser Restricted Sail NHC1	Numeral 5	C
7	1255	River	R	D
8	1300	Glen	G	D
9	1305	Squib	E	D
10	1310	Cruiser Restricted Sail NHC2	Numeral 6	D
11	1315	Large Dinghy H/cap1134 & under	J	See Rule 9
12	1320	Dinghy H/cap PYS 1135 & over	V	See Rule 9
13	1325	Laser 4.7, Optimist, Toppers & Mirrors	T	See Rule 9

**High Water Strangford 1410 hours**

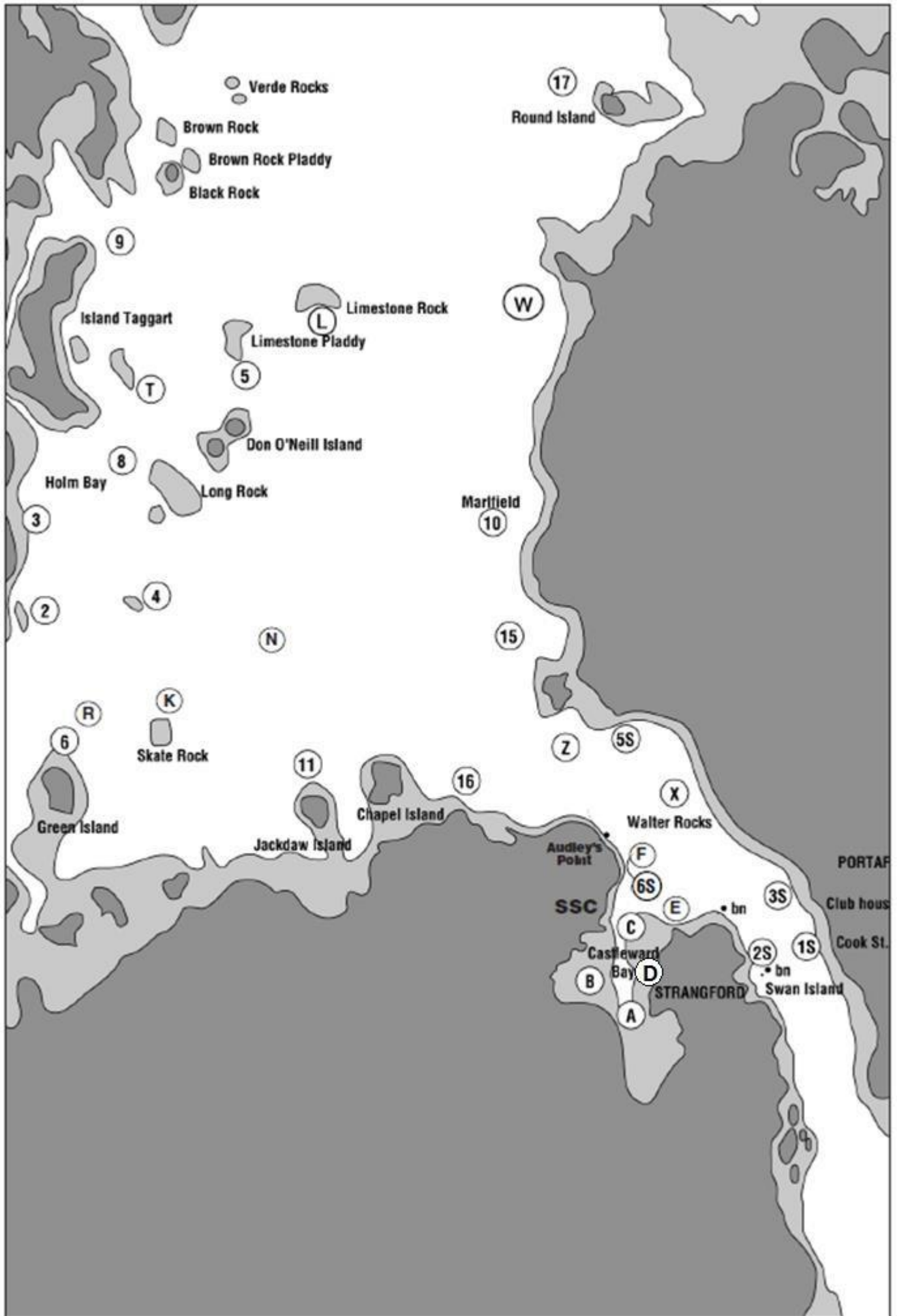
**This Regatta will be the first in The Narrows Regatta Series**

**Commodore: William Findlay**

**Sailing Secretary: Jane McMeekin Mobile No: 07525 733702**

**For further information go to:**

**<http://www.strangfordloughregattas.co.uk> or [www.strangfordsailingclub.com](http://www.strangfordsailingclub.com)**



## RULES

### **1. SHORTENING COURSE**

Sound signal and display of Code flag S on Safety Boat. Yachts should return to the finish from this mark. If Code flag F is displayed following sound signal Yachts will finish between this mark and a finishing boat flying Blue flag.

### **2. PROTESTS**

In writing to the Race Officer within one hour of the race finish, accompanied by a £25 deposit, forfeited if protest is deemed frivolous.

### **3. SAFETY**

It shall be the responsibility of each skipper to decide whether or not to start or continue racing. All crews must comply with their Class Rules regarding craft and personal buoyancy (wet suits alone are not accepted as personal buoyancy.) All dinghies must have a means of adequate bailing. Safety boats may be present, but competitors are encouraged to achieve self-rescue. However, they must accept help if so directed by the rescue crew. Non-acceptance will result in disqualification. Any yacht retiring must notify Race Officer as soon as possible. Safety boats are requested to liaise with the Committee Boat prior to the commencement of racing to co-ordinate duties. Safety crews are reminded of the necessity to ferry both before and after racing.

### **4. THE COMMITTEE**

The committee reserve the right to alter the programme, postpone or abandon the Regatta. Competitors are accepted on condition that the Club Committee is not held responsible for injury, loss or damage to people or property, however caused.

### **5. COMPETITORS**

All competitors are requested to sail past Committee Boat to enable the Race Officer. to record sail number, class and handicap. Competitors shall also refer to the SSC Risk Assessment available at [www.strangfordsailingclub.com](http://www.strangfordsailingclub.com).

### **6. PRIZES**

A prize will be awarded to the first boat in each class. Prizes will be presented after Racing at the Clubhouse, Castleward. Overall prizes will be awarded at P.S.C. on Monday 12th July after racing.

### **7. HANDICAP CLASS**

If four or more boats in any class notify the Race Officer. a race will be provided for them. They should start in the appropriate Handicap Class.

### **8. REFRESHMENTS**

Crews are invited to tea in the Clubhouse at Castleward after racing. Please refer to SSC Covid Guidance for further advice

### **9. RACES 11, 12 & 13**

Will start and finish in Castleward Bay, at Mark C where their course will be displayed. All dinghy sailors must register their entry with the Race Officer before the start of the race and also report their safe return not later than 30 minutes after finishing or retiring.

Note, if weather conditions permit and adequate safety is available Race 11 will get a course in the lough.

## RACING INSTRUCTIONS

### COMPETITORS

**ALL BOATS ARE REQUESTED TO REGISTER ONLINE USING EITHER THE QR CODE OR LINK BELOW.**

<https://forms.gle/dqrzqHTvss46KGge9>

Yachts not registered with Strangford Lough Regatta Conference 2021, competing in Races 1, 2, 3, 5, 6, 10, 11, 12 and 13 must confirm their IRC/NHC/PY rating by online registration form, or if this is not possible with the Race Officer prior to the start of their race. Failure to comply with this rule may lead to disqualification.



**START ALL RACES** (except Races 11, 12 & 13 – see Rule 9)

Castleward Bay between red & white pole on Committee Boat and Mark 6S.

**FINISH ALL RACES** (except Races 11, 12 & 13 – see Rule 9) Between red & white pole on the committee boat and Mark 6S

### COURSES

All Yachts racing must keep west of Walter Rock and wreck at Ballyhenry.

Course A - Race 1

Course B - Races 2-3

Course C - Races 4-6

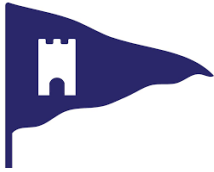
Course D - Races 7-10

### DISPLAY AT START OF ALL RACES

Red Numbers: Mark to Port / Green Numbers: Mark to Starboard Black Numbers: Rounds to be sailed.

### TIME LIMIT

Any yacht failing to finish by 1600 hours will be deemed to have retired.



# Bar Buoy Race, Narrows Series and Youth Series

## SSC Covid Guidance 2021

**MEMBERS & VISITORS SHALL BE RESPONSIBLE FOR THEIR OWN PERSONAL RISK ASSESSMENT.**

**TOGETHER WE CAN ENSURE SAFE SAILING AND A SUCCESSFUL REGATTA SEASON FOR THE WHOLE LOUGH & IT'S WIDER COMMUNITIES**

Strangford Sailing Club is delighted to welcome competitors and guests to the Bar Buoy race and SSC Regatta.

To ensure the safety of everyone and minimise the likelihood of spreading Covid-19 could we please request that;

- All competitors shall register their boats using the QR Code or at <https://forms.gle/dqrzqHTvss46KGge9>
- All competitors & guests shall use the Track and Trace online form which will be provided on the ferry boats and at SSC.  
(A paper copy shall be available should it be required)
- All competitors and guests shall abide by current Government Covid-19 guidance
  - Social distancing
  - Hygiene
- Clubhouse
  - Closed except for use of toilets.
  - Restricted numbers will apply
- Ferry boats
  - Will ferry one 'bubble' at a time
  - Passengers to wear masks
  - Hand sanitizer and masks will be available
- Bar
  - Table service only
  - Contactless payments only
  - Table restrictions
    - six if those persons are from more than one household, or
    - ten if those persons are from one household or one bubble.

*The Health Protection (Coronavirus, Restrictions) Regulations (Northern Ireland) 2021  
Consolidated Regulations (22 June 2021)*
  - When not seated at a table please wear a mask
- BBQ
  - Use of BBQ to be restricted to one bubble at a time
- Regatta Tea
  - This will be self-service (except for Tea/ coffee)
  - Normal hygiene rules apply

